

# August /September 2023 Newsletter

## Cherry Tree Surgery Ltd

### INTRODUCTION

Welcome to our first newsletter that we are looking to start quarterly for our patients. As our valued patients if you have any suggestions please speak to a member of our team who will be happy to put your suggestions forward and we maybe able to feature it in our next newsletter.



### Curo Federation

Some of our patients maybe aware that we are able to offer out of hours appointment with the CURO

Federation. These are limited appointments which are available to all the local GP practices. They offer appointments with the GP, Audiologist, Nurses, HCA's

### Social Prescriber

Our GP, Nursing Team or Care Co-Ordinator are able to also refer you to our **Social Prescriber** who is able to help with social issues and are employed by Kirklees. Please note they will not be able to deal with medical related illnesses.

### First Contact Physiotherapy

Our helpful receptionist are now able to book you an appointment directly with the Physiotherapist (FCP) they are able to deal with: All soft tissue injuries, sprains, strains or sports injuries, Arthritis, possible problems with muscles, ligaments, tendons or bone e.g. tennis elbow, carpal

tunnel syndrome and ankle sprain. Spinal pain including lower back pain, mid and neck pain. Spinal related pain in arms and legs including nerve symptoms e.g. pins and needles and post orthopaedic surgery.

Exclusions: Acutely unwell, children under 16, medical management of rheumatoid conditions, housebound patients.

### Kirklees Wellness Service

Our patients are able to self refer to the Wellness service. They are able to help with weight management (Healthy Weight) Stop Smoking service, wellness, carers support, Mental health

Please search <https://kirkleeswellnessservice.co.uk/>

**Drugs and Alcohol Service:** Do you want to make a fresh start? Are drugs and alcohol affecting your life or the life of someone you know? Patients are now able to self refer to Change Grow Life CGL. Contact for free and confidential information on 01484

353333.Kirklees.referrals@cgl.org.uk



**Now the holiday season has commenced remember to order your repeat prescription before your holiday #together we can stay well this summer.**

Have you seen our new Cherry Tree Surgery Website? We are pleased to say we have now launched a new website please take a look on <https://www.cherrytreesurgery.co.uk/>

On there you will find really helpful information about the practice and what we offer at the surgery as well as tips on how to keep well.

Did you know the government have now made it easier for women to obtain the HRT prescription. The HRT PPC costs £19.30 for 12 months. It will cover all your eligible HRT prescriptions for that period, no matter how many different medicines you need. There's no limit on the number of HRT prescription items you can get with it while it's valid. You'll save money if you're going to buy more than 2 prescription items in 12 months. How to buy

You can [buy HRT PPCs online](#). If you need help NHS Business Services Authority can help you with your HRT PPC application.

### HRT PPC help and support

Telephone: 0300 330 2089

**Training Days:** The surgery will be closed in the afternoon on the following dates for Practice Protected time:

15/8/23, 10/9/23, 17/10/23, 21/11/23, 19/12/23

<https://patches.ai/practice/cherrytreesurgery>



As a patient at Cherry Tree Surgery, we'd like to let you know about an exciting way to contact your GP online. We have a new system called PATCH's. You will be able to get help with health advice, fit notes, medications and more

### Missed appointments

If you are unable to attend the surgery for whatever reason please contact the practice on 01924 471115 to cancel so we can offer this appointment to someone who needs it. Last month we had a total of 70 minutes wasted with the GP, the Practice Nurse had 145 minutes wasted and our Health Care Assistant had 190 minutes wasted. This has a huge impact on patient care and waiting times.

### Friends and Family Test

Have you completed our friends and family test? This can be done at the practice or online

<https://www.cherrytreesurgery.co.uk/practice-information/friends-family-test/>

### Patient Participation Group (PPG) What is Patient Participation Group?

Our PPG group meetings take place 6 monthly. Patients are able to speak to staff regarding anything they want to discuss regarding the practice. Our recent PPG meeting, the patients were really happy with the changes made at the practice and looking forward to seeing the surgery expand as we welcome new patients. If you would like to join the panel please ask at reception and we will be able to invite you onto the next PPG meeting.

The objectives of the group will promote the benefit of the patients of the practice without distinction of gender, race, colour or political, religious or other opinions or characteristics of individuals by encouraging development and quality of health promotion and health care services; to achieve this aim by liaising with the doctors and staff, other community health workers, health authorities and other persons or organisations concerned with health care.

The group shall be non-party in politics and non-sectarian in religion. The group shall have power to affiliate to the National Association for Patient Participation and to other organisations with similar charitable objects. The Group shall always respect diversity and will be committed to the principles contained within the Equality Act. Please ask at reception for further information.

For more information go to [www.nhs.uk/nhsapp](https://www.nhs.uk/nhsapp).

If you're a patient at our practice you can use the new NHS App, a simple and secure way to access a range of NHS services on your smartphone or tablet.