CHERRY TREE SURGERY DECEMBER 2023- JANUARY 2024 NEWSLETTER

INTRODUCTION

After a successful launch with our first newsletter we have decided to continue with newsletters as the feedback received from our patients has been positive. Thank you for your support.





Happy Diwali to all our patient's who celebrated in November



The Winter Vaccination Programme was brought forward following the

identification of a new variant of COVID-19. The people at greatest risk were offered their vaccines first, and some care home residents and housebound patients have already received their jabs.

Care home residents, as well as those patients who are housebound, were the first to start receiving their flu vaccination and COVID booster, along with

frontline health and social care staff. All other eligible groups, such as people aged 65 and over and those with a weakened immune system, are now being

invited for theirs. Wherever possible, people will be able to have the flu jab at the same time as their COVID-19 booster.

GP practices are now contacting their patients to invite them to a vaccination clinic, but eligible people can also choose to have their vaccinations by making a booking at a local pharmacy.

You are now able to book your COVID booster by using the NHS website or by calling 119. For flu vaccinations from a pharmacy, please drop in to make an appointment. Please have your NHS number to hand when you go for your vaccinations.

Flu can be a very unpleasant illness in children and some may develop serious complications that need hospital treatment, including intensive care. Having the flu nasal spray is the best protection for children this winter. The spray is quick and painless, this can be done at the surgery for children under 3 or arranged by the school through the Locala nursing team.

Online Access to your records is now available

Owned and run by the NHS, the NHS App is a simple and secure way to access a range of NHS services on your smartphone or

tablet.. What can you do with the NHS App? You need to prove who you are to get full access to the NHS App. With full access you can:



Order repeat prescriptions and nominate a pharmacy where you would like to collect them; book and manage appointments; view your GP health record to see information like your allergies and medicines (if your GP has given you access to your detailed medical record, you can also see information like test results)

Book and manage coronavirus (COVID-19) vaccinations; get your NHS COVID Pass (there are also other ways to get your COVID Pass), register your organ donation decision, choose how the NHS uses your data, view your NHS number (find out what your NHS number is). Use NHS 111 online to answer questions and get instant advice or medical help near you

Instructions registering for the NHS App: Step 1 – Download the NHS App from Google Play or Apple App store. Step 2 – Click on "Continue with NHS login Step 3 – Enter your email address & password. Step 4 – Check your email and confirm. Step 5 – Enter your mobile number. You will be sent a Security code via text. Step 6 – Enter the code which has been sent via text to your mobile. Step 7 – You will be asked for your NHS Number. If yes, enter your NHS number. If no, you will be asked for your name, Date of Birth, and your Postcode. Step 8 – Confirm details. Step 9 – Read Terms & Conditions. Step 10 – To gain full access follow the steps to prove your identity. Please speak to reception if you do struggle to access your online account.





Change Grow Live

Drug and Alcohol Service

Kirklees

Preparing for 2024 you may wish to give

Dry January a go as part of your New Years

resolution. We work closely with CGL (Change Grow Live) if you would like further support please telephone or drop into the Dewsbury clinic

Saturday Closed

Sunday Closed

Monday 9 am-5 pm

Tuesday 9 am-8 pm

Wednesday 9 am-8 pm

Thursday 9am—5pm

Friday 9am –5pm

Telephone: 01924 438383

Christmas Surgery Closures 2023 -2024

The surgery will be closed on the following days over the Christmas period:

- Monday 25th December 2023
- Tuesday 26th December 2023
- Monday 1st January 2024

The surgery will be open as normal on all other working days. If you have chest pains or a life threatening medical emergency, please call 999 immediately, for all medical advice that cannot wait till we re-open please call 111

NHS 111 or visit https://111.nhs.uk/ for medical advice

Join our Patient Participation Group

We are currently looking for new members to join our Patient Participation Group (PPG)

The PPG consists of patients who want to be involved in the surgery by taking an active role in helping us develop local health services.

At Cherry Tree

Surgery PPG, you will have the opportunity to provide positive suggestions and

be an advocate for patient experience and preferences.

We are pleased to announce that we have two new clinician's who have joined the Practice. **Rauf is our Paramedic practitioner** Seeing patients in the practice and in their own home face to face or remotely via telephone of video consultation.

Triage, assessment and treatment of patients with minor illness and injury as well as exacerbations of common long term conditions.

Signposting – referring patients to specialists in the community

health, social care and voluntary agencies as appropriate.

Encouraging patients to take responsibility for managing their own care and treatment where it is safe to do so and provide health education. A holistic approach to patient care, bringing together medical, social and psychological needs.

Providing advice and treatment in collaboration with the Duty Doctor where necessary, to manage acute symptoms of chronic long term conditions.

Making referrals to secondary care following discussion with the Duty Doctor.

Communicating effectively with patients, families, the MDT and wider practice teams.

Farah is our Advance Care Practitioner and Pharmacist. ACPs are highly trained and experienced registered healthcare professionals who have a greater level of autonomy and clinical decision-making

capability. ACPs come from a range of healthcare

backgrounds and include pharmacists, nurses,

paramedics, physiotherapists, occupational therapists, healthcare scientists and midwives. Our reception staff will be happy to book you in with Rauf or Farah.